FIT CITY MIAMI 4
LUNCHTIME WORKSHOP
February 24, 2017
Suzanne Nienaber, Center for Active Design

Photo: Sandy DeWitt
OUR GOAL:

EXPLORE OPPORTUNITIES FOR HEALTHY BUILDING DESIGN
YOU’LL RECEIVE:

- A list of 10 ADM building design strategies
- Sticky dots for voting (2 of each color):
  - Red/orange = most impactful
  - Blue = easiest to implement
  - Yellow = most innovative

BUILDING DESIGN STRATEGIES

5.1 Maximize accessibility and visibility of stairs. Stairs placed close to and immediately visible from a building's entrance encourage increased use. Placing stairs so they are encountered prior to elevators also increases likelihood of use.

5.2 Create attractive, visually appealing stairways. Encourage stair use by incorporating natural light, interesting views, art and music.

5.3 Provide convenient, attractive circulation paths. Highlight both interior circulation options and outdoor walking paths.

5.4 Design sidewalk and façade elements that improve the pedestrian experience. Some examples include shade, street trees, benches, canopies, and windows.

5.5 Orient building entrances and circulation pathways to prioritize active transportation options. Position main building entrances and pathways towards sidewalks, transit stops, and/or bike parking areas. Avoid directing main entrances toward surface parking lots or garages.
OUR PROCESS:

12:30 – 1:15

• Lunch and small group discussion about strategies
• Whenever you are ready, use sticky dots to vote

1:15 – 1:45

• Large group discussion of results

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