



Photo: Sandy DeWitt

FIT CITY MIAMI 4 LUNCHTIME WORKSHOP

February 24, 2017


Suzanne Nienaber, Center for Active Design

OUR GOAL:

EXPLORE OPPORTUNITIES FOR HEALTHY
BUILDING DESIGN



YOU'LL RECEIVE:

- A list of 10 ADM building design strategies 
- Sticky dots for voting (2 of each color):

Red/orange = most impactful



Blue = easiest to implement



Yellow = most innovative



BUILDING DESIGN STRATEGIES

- 5.1 Maximize accessibility and visibility of stairs.¹**
Stairs placed close to and immediately visible from a building's entrance encourage increased use. Placing stairs so they are encountered prior to elevators also increases likelihood of use.

Installing fire-rated glass in emergency exit (egress) stairs enhances visibility and encourages use. Fire-rated glass can be used to convert existing stairs or to maximize required egress stairs in new buildings.
- 5.2 Create attractive, visually appealing stairs.²**
Encourage stair use by incorporating natural light, interesting views, art and music.

Where possible, upgrade finishing standards for stairs to match or exceed similar standard used in public corridors within a building.

Provide ample space on stairways to allow small, informal gatherings and other social activities to occur.
- 5.3 Provide convenient, attractive circulation paths.³**
Highlight both interior circulation options and outdoor walking paths.
- 5.4 Design sidewalk and façade elements that improve the pedestrian experience.⁴**
Some examples include shade, street trees, benches, canopies, and windows.
- 5.5 Orient building entrances and circulation pathways to prioritize active transportation options.⁵**
Position main building entrances and pathways towards sidewalks, transit stops, and/or bike parking areas. Avoid directing main entrances toward surface parking lots or garages.

OUR PROCESS:

12:30 – 1:15

- Lunch and small group discussion about strategies
- Whenever you are ready, use sticky dots to vote

1:15 – 1:45


- Large group discussion of results

5.1

STAIR ACCESS

MAXIMIZE ACCESSIBILITY AND VISIBILITY OF STAIRS.

Stairs placed close to and immediately visible from a building's entrance encourage increased use. Installing fire-rated glass in emergency exit (egress) stairs enhances visibility and encourages use.



ABOVE: Arber House, Photo: Michael Moran
BELOW: Photo: Michael Moran | OTTO

- Red/orange = most impactful
- Blue = easiest to implement
- Yellow = most innovative